

# RECLAIM

45 Day Intensive Residential Drug & Alcohol Treatment Program

## New Program!

Our program provides a safe, nurturing, 24-hour therapeutic environment for youth in need of a structured residential level of intervention for substance use issues. The use of mood-altering substances during adolescence can have a profound effect on development as the young brain is still fully developing and is particularly vulnerable to the effects of alcohol and/or other drugs. It is this physiologic vulnerability that leads to the adolescent brain becoming addicted much faster than the adult brain. Drug use and abuse can also have serious effects on normal development leading to additional problems of adolescence and disrupting the development of important coping skills.

The focus of the Drug and Alcohol Residential Treatment Program is a cognitive/behavioral approach to utilize the strengths and skills the youth have and to address the thinking patterns and distortions that have led them to make poor choices and to need out-of-home placement. The program also utilizes Dialectical Behavior Therapy (DBT) as a base from which skills are developed to enhance their daily functioning as well as Motivational style of counseling. Our objective is to prepare youth to address their harmful relationship to substances and develop a plan to change this relationship.

Learn more inside this newsletter.



24 hours to Give where you live

Remember us on Colorado Gives Day Tuesday, December 6

online at GivingFirst.org

The value of your donation will be increased when you donate any time on December 6.



# PEEK AT THE POINT Newsletter

December 2011

1644 S. College Avenue | Fort Collins, CO 80525  
970.221.0999 | www.turningpnt.org

# RECLAIM

45 Day Intensive Residential Drug & Alcohol Treatment Program for youth struggling with addiction.



Turning Point's Reclaim program provides help to youth with substance abuse or dependence and co-occurring mental health disorders.

The program has core treatment elements to address issues common to most adolescents with substance use disorders, and provides additional services that allow for the implementation of individual treatment plans targeted to unique needs and the combination of impairments that may hinder their recovery.

### Services Include:

- Diagnostic Assessment
- Psychiatric evaluation and medication monitoring by a licensed psychiatrist
- Individual, group and family therapy facilitated by Licensed Therapists, Addiction Specialists and Certified Addiction Counselors
- Milieu Therapy
- Relapse Prevention Planning
- EMDR
- Therapeutic recreation aimed at the development of sober leisure skills
- Community Service
- Education provided by special education teachers in an accredited school
- Life skills aimed at building upon current strengths
- Transition/Aftercare services

970.567.6461 or REFERRALS@TURNINGPNT.ORG for more information

@Turning\_Point Twitter

Turning Point Center for Youth & Family Development Facebook

Turning Point provides youth with the necessary tools to travel through life, to overcome obstacles and road blocks, and to bravely meet challenges head-on. Our programs offer youth a road-map to success, a life-compass, guiding youth toward better decision making and healthier life choices. Therapeutic treatment, education and sobriety combine to offer hopeful futures for each of the children in our care.



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## The 2011 Ben Brooksmith Project

Turning Point extends a heartfelt thank you and thumbs up to Renewal by Andersen, The Brooksmith Family, and the volunteer installation crews that took part in The Ben Brooksmith Project 2011. Now in its second year, The Ben Brooksmith Project has made a significant contribution to the youth and families at Turning Point Center for Youth & Family Development, while remembering and celebrating the life of Benjamin Scott Brooksmith.

"This is an incredible group of people who have come together to remember and celebrate the life of a loved one by working to improve the lives of other young adults struggling with addiction. The Brooksmith family, Gary Thiret at Renewal by Andersen, and the extended family of installation crews at Renewal by Andersen are amazing in the love and support they show one another. It is an honor to be a part of The Ben Brooksmith Project." Stephanie Brown, Turning Point executive director.

On Friday, September 30, 2011, volunteer installation crews from Renewal by Andersen replaced 10 windows in less than 4 hours at Turning Point's facility on Mathews Street in Fort Collins. This heartfelt donation is very much appreciated, and Turning Point extends its sincerest thanks to the Brooksmiths, Renewal by Andersen and each and every volunteer for their incredible generosity.



## DUI CLASSES



Turning Point now offers DUI/DWAI classes utilizing the highly effective Colorado Impaired Driver Education Program (IDEP) curriculum which is accepted state-wide by probation and the courts for all DUI/DWAI offenses.

With more than 40 years of experience working with Colorado youth and families, Turning Point is the obvious choice for DUI/DWAI education and therapy for both adult and youth offenders.

970.567.0961 • REFERRALS@TURNINGPNT.ORG

## Our Annual Appeal is Underway!

Here's How Your Donation Can Help:

- \$10 - hygiene kit for a child in our residential treatment program
- \$25 - "Pathways to Self Discovery & Change" Textbook (all children participate in our substance abuse treatment and prevention program)
- \$50 - winter coat for a child in need (70% of our youth are from low-income families.)
- \$75 - High School GED testing fee (30-40 children take this test per year while in our care.)
- \$100 - Pro-social activities for one child for one month (yoga, art, athletics, movies, bowling, etc.)
- \$250 - Athletic Equipment for use at Waverly School, fitness equipment for residential program, or a bicycle for one Turning youth
- \$500 - Provides for one desktop computer at Waverly School

Please make a donation today. [www.turningpnt.org](http://www.turningpnt.org)

FOR ALL CREATURES OF HALLOWEEN

**ZOMBIE FEST**  
OCT 22, 2011

**THE UNDEAD TOOK OVER OLD TOWN... AND HAD AN "OM NOM NOM" GOOD TIME!**

A SPECIAL BLOODTHIRSTY THANKS FOR ALL YOU DID TO MAKE ZOMBIE FEST 2011 A SHUFFLING SUCCESS.

Zombie Fest 2011 was a huge success! We cannot thank everyone enough! Volunteers, vendors, Turning Point staff, Makeup Artists, Photographers, DJs, bands and entertainment, bar, shop and restaurant staff, Odell Brewing Co, Old Town FoCo, our sponsors: Realities For Children, OtterBox, CVI Denver, Sam's Club, Cache Bank, IBMC, The Coloradoan, Town Square Media, everyone who came out for the event...the list goes on and on! THANK YOU!! Please continue to support all the great businesses that signed up to be part of the Fort Collins Zombie Crawl!

- |                                    |                              |
|------------------------------------|------------------------------|
| Beach House Grill                  | Maiberry                     |
| Ben & Jerry's                      | Mama Said Sew                |
| Bondi Beach Bar                    | Mayor of Old Town            |
| Buttercream Cupcakery              | Moe's Original BBQ & Grill   |
| Coopersmith's Pub & Brewery        | My Zen Garden Massage Studio |
| Crankenstein                       | Nordy's BBQ & Grill          |
| Curiosities                        | Old Chicago                  |
| Darvier Jewelry Design Studio      | Old Town Spice Shop          |
| Drunken Monkey                     | Pateros Creek Brewing Co.    |
| The East Coast                     | Spoons, Soups & Salads       |
| The Forge Pub                      | Sports Exchange              |
| Gelazzi                            | Steakout Saloon              |
| Gryphon Games & Comics             | Taste of Philly              |
| Happy Lucky's Teahouse & Treasures | Tony's Bar                   |
| Haunted Game Cafe                  | Trailhead Saloon             |
| Jilly Bean Java                    | The Vault                    |
| Juiced on Imagination              | Village Vidiot               |
| Kansas City Kity                   | Washington's Sports Bar      |
| Katalist Konsepts                  |                              |
| King Weenie                        | Everyday Joe's               |
| Lucky Joe's                        | 100 Octane                   |
| Luscious Nectar                    |                              |
| Lyric Cinema Cafe                  |                              |

## Sponsor Spotlight: Overland Sertoma Club

Overland Sertoma Club offers fun, fellowship, and the opportunity to serve the Fort Collins Community. Our fundraising projects allow us to provide a total of over \$30,000 per year to local charities.

Sertoma sponsors community projects to promote freedom and democracy, to assist youth, and to benefit a variety of other local community needs, as identified by individual Sertoma clubs.

New members are always welcome. The group meets on Wednesdays at Noon at Texas Roadhouse in Fort Collins.

